

Information For the Use

Sodium Feredetate 231mg (Eq. to Elemental Iron 33mg) + Folic Acid 5mg + Vitamin B12 15mcg + Zinc Sulphate Monohydrate 5mg

Feryskol SF Tablet

Sodium Feredetate 231mg + Folic Acid 5mg + Vitamin B12 15mcg + Zinc Sulphate Monohydrate 5mg Tablet

Comprehensive Hematinic & Nutritional Supplement for Anemia & General Well-Being

Composition (Per Tablet):

- **Sodium Feredetate** – 231mg (Equivalent to Elemental Iron 33mg)
- **Folic Acid** – 5mg
- **Vitamin B12 (Cyanocobalamin)** – 15mcg
- **Zinc Sulphate Monohydrate** – 5mg

Product Overview:

This combination tablet is formulated to **prevent and treat iron deficiency anemia and support overall health**. It provides a balanced blend of **iron, folic acid, vitamin B12, and zinc**, essential for **red blood cell formation, oxygen transport, immunity, and energy production**.

Unlike conventional iron supplements, **Sodium Feredetate** is a **non-ionic form of iron**, which offers better **gastrointestinal tolerance with reduced side effects like constipation or gastric irritation**. The addition of **Folic Acid and Vitamin B12** ensures optimal red blood cell production, while **Zinc** supports immune function and overall growth.

Key Benefits:

- Effectively **treats and prevents iron deficiency anemia**
- Enhances **hemoglobin levels and oxygen transport**
- **Boosts energy levels and reduces fatigue**
- Supports **red blood cell formation** and nervous system health

- Helps in **pregnancy, lactation, and overall growth**
- Improves **immune function and wound healing**
- **Gentle on the stomach**, reducing constipation and acidity issues associated with traditional iron supplements

How It Works:

1. **Sodium Feredetate (Elemental Iron 33mg)**: A non-ionic iron complex that provides **high bioavailability with minimal gastric side effects**, ensuring efficient absorption and utilization by the body.
2. **Folic Acid (Vitamin B9)**: Essential for **DNA synthesis, fetal development, and red blood cell production**, reducing the risk of neural tube defects during pregnancy.
3. **Vitamin B12 (Cyanocobalamin)**: Supports **nerve function, cognitive health, and red blood cell formation**, preventing **megaloblastic anemia**.
4. **Zinc Sulphate Monohydrate**: Plays a crucial role in **immune function, cell growth, and wound healing**, while also aiding **iron metabolism**.

Indications:

- **Iron deficiency anemia**
- **Pregnancy and lactation support** (to prevent neural tube defects and anemia)
- **General fatigue, weakness, and low energy levels**
- **Post-surgical or post-illness recovery**
- **Nutritional deficiencies and poor dietary intake**
- **Supports immune health and overall growth**

Dosage & Administration:

- **Adults**: One tablet daily or as prescribed by a physician
- **Pregnant and Lactating Women**: As advised by a healthcare provider
- **Take after meals** to improve absorption and minimize gastric discomfort
- **Swallow whole with water; do not chew or crush**

Precautions & Warnings:

- Do not exceed the recommended dosage unless directed by a doctor
- Avoid in individuals with **iron overload disorders (e.g., hemochromatosis, hemosiderosis)**
- May cause mild gastrointestinal disturbances in some individuals
- Best taken **with water or juice**, avoiding tea, coffee, or milk, which may reduce iron absorption
- Consult a doctor before use if pregnant, breastfeeding, or taking other medications



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(An ISO 9001: 2015 Certified Co.)

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Side Effects (Rare and Mild):

- Nausea or mild stomach discomfort
- Dark stools (a normal effect of iron supplements)
- Constipation or diarrhea in rare cases

Storage Instructions:

- Store in a cool, dry place away from direct sunlight
- Keep out of reach of children
- Do not freeze

Why Choose This Product?

- **Highly bioavailable iron formulation** with minimal gastric irritation
- **Essential support for anemia, pregnancy, and overall health**
- **Boosts immunity and overall well-being**
- **Comprehensive combination of iron, folic acid, vitamin B12, and zinc for maximum effectiveness**

For best results, maintain a **balanced diet rich in iron and essential nutrients, drink plenty of water, and follow medical advice**. If symptoms persist, consult a healthcare professional.

Manufactured in India for: